

Dr. Resie Moonen



Holistic terminal care for relatives and caregivers **Human support for the last Journey with the help of** **Homeopathy**

The Last Way: How to Prepare for the Inevitable

In our hectic western world, we often shy away from talking about dying. But this is exactly where Resie Moonen comes in. In a moving interview, she shares her insights from almost 40 years of experience as a family doctor and homeopathic doctor.

Why Preparation is Important

You are preparing for the birth of a child, but what about the end of life? Resie emphasizes that this transition also deserves conscious preparation. Often we only hear doctors' predictions about the time left, but what about emotional and spiritual preparation?

Dealing with one's own finiteness

Resie talks about the different ways in which people react to the news of an incurable disease. Whether it's a fighting spirit or overwhelming sadness - everyone needs an individual approach. This is where homeopathy can help to recognize and support a person's inner melody.



The role of relatives

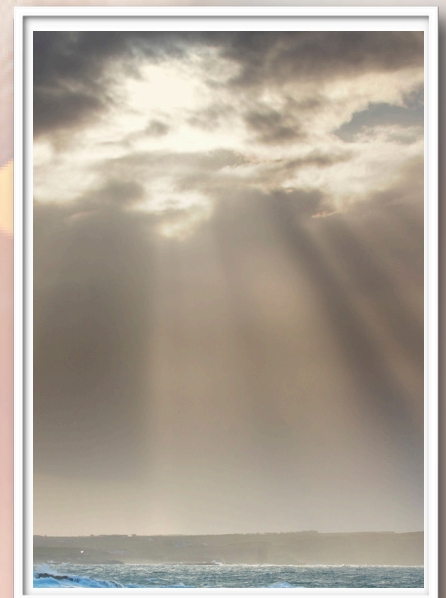
Saying goodbye is not only difficult for those affected. Family members also have to learn to let go. Resie emphasizes how important it is to address unresolved conflicts and find peace in order to ease the transition.

Dealing with Pain in the Dying Process: Find Healing through Mindfulness and Nature

Dear friends, in the second episode of our free introductory course we dive deep into the topic of pain and the dying process. Rezi Moonen explains the importance of understanding and relieving pain not only physically but also emotionally.

Understanding and Expressing Pain

When people are dying, they often experience pain from illnesses such as cancer, COPD or heart failure. Rezi stresses the importance of listening as a helper and giving those affected space to express their pain. Let them describe how they feel with words and gestures. This helps to create a deeper connection to their inner suffering.



A touching story

One example Resie shares is that of a woman with a rare bone disease. Her entire life, both in childhood and adulthood, she felt unseen. With the right homeopathic treatment, she was able to relieve her pain and regain joy in life. This connection between physical and emotional pain is crucial.



The Power of Homeopathy and Nature

Resie shows how homeopathy can provide profound healing without clouding the mind with strong medications. She talks about various natural healing methods that can relieve pain, from massage to herbal wraps. These holistic approaches help improve the quality of life and make the transition more peaceful.

breath of life and farewell

Breathing is life. But what happens when breathing stops? In a moving interview, Resie Moonen and Mathias Berner discuss breathing during the dying process and the emotional depth associated with it.

Breathing can become difficult even days before the last breath. It often reflects the unresolved emotions we carry with us.

Grief, fear or the feeling of being forgotten affect our breathing and therefore our well-being. Resie shares the story of a man who worked for years in a wood factory and suffered from severe emphysema. His feeling of being forgotten triggered a deep emotional reaction that was alleviated by the administration of Miosotis, the "forget-me-not".

During the dying process, it is important that you listen with an open heart. A person's inner melody also speaks in the last days.

Your presence and empathy can have a healing effect, not only through resources, but also through the gift of your attention and understanding.

But not only the dying need support, but also their relatives. They are often exhausted and filled with fear. Phosphorus, Cocculus or Ignatia can help to alleviate these burdens.

Saying goodbye to a loved one can bring up old traumas and fears. It is crucial that you learn to let go and not transfer your own emotions onto the dying person. By supporting yourself, you also help the dying person to let go peacefully.



These topics are deep and touching. If you would like to learn more about how you can accompany this process with more stability and understanding, we invite you to take part in the live sessions with Dr. Resie Moonen. Together you can delve deeper into these life-changing topics and gain valuable tools for your own path.

Experience the power of conscious breathing and accompany others on their path.

A course that opens up new perspectives

Resie Moonen's course focuses on the last weeks of life. You will learn how to use homeopathic remedies to make the transition smoother. It's about maintaining awareness and saying goodbye in peace.



 **MATHIAS
BERNER**
ACADEMY

Online Course
with Dr. Resie Moonen

Holistic terminal care for relatives and caregivers

Human support for the last journey
with the help of Homeopathy

Become part of the healing

If you want to learn more about these deep insights and methods, I warmly invite you to join our major course with Dr. Rezi Moonen. You will gain valuable knowledge not only for yourself, but also for your loved ones and patients. Let's lift the veil together and bring compassionate healing to the world.

Register now and discover the transformative power within you.

**Stay curious about everything that comes –
your body already contains all the answers.**

[Book directly HERE](#)

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