

## Dr. Rajan Sankaran



### **Homeopathy made easy Superclass Method**

**The Superclass Compass: How to decipher the true disease pattern and unerringly find the right remedy. The illusion of addiction.**

Every practicing homeopath knows these moments of uncertainty: A patient sits across from you, describes their symptoms in detail, and you search for the one, perfectly matching remedy. Yet, despite careful repertorization, a lingering doubt often remains. The results are not always reproducible, and sometimes finding the right remedy feels like a guessing game.

Modern homeopathy doesn't need an overwhelming amount of information or knowledge of the world's rarest substances. It needs a method that brings unbiased perception, absolute structure, and predictability into practice. This is precisely what Dr. Raja Sankaran's Superclass Method delivers, the result of 45 years of clinical experience and tens of thousands of successfully treated cases.

## **The origin in the center**

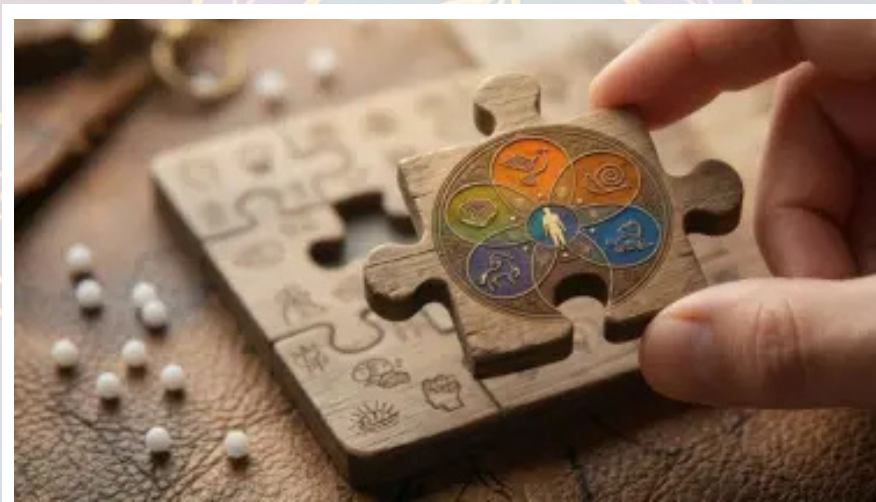
To bring about profound healing, we must understand that there are, in truth, no local diseases.

**Asthma is not solely a disease of the lungs.  
Arthritis is not an isolated disease of the joints.**

Illness always begins in the absolute center of the human being – controlled by a higher-level control system, the body's "cabinet of ministers":

**The mind  
The nervous system  
The endocrine system (hormones)  
The immune system**

When this central orchestra gets out of sync, it affects every single cell in the body.

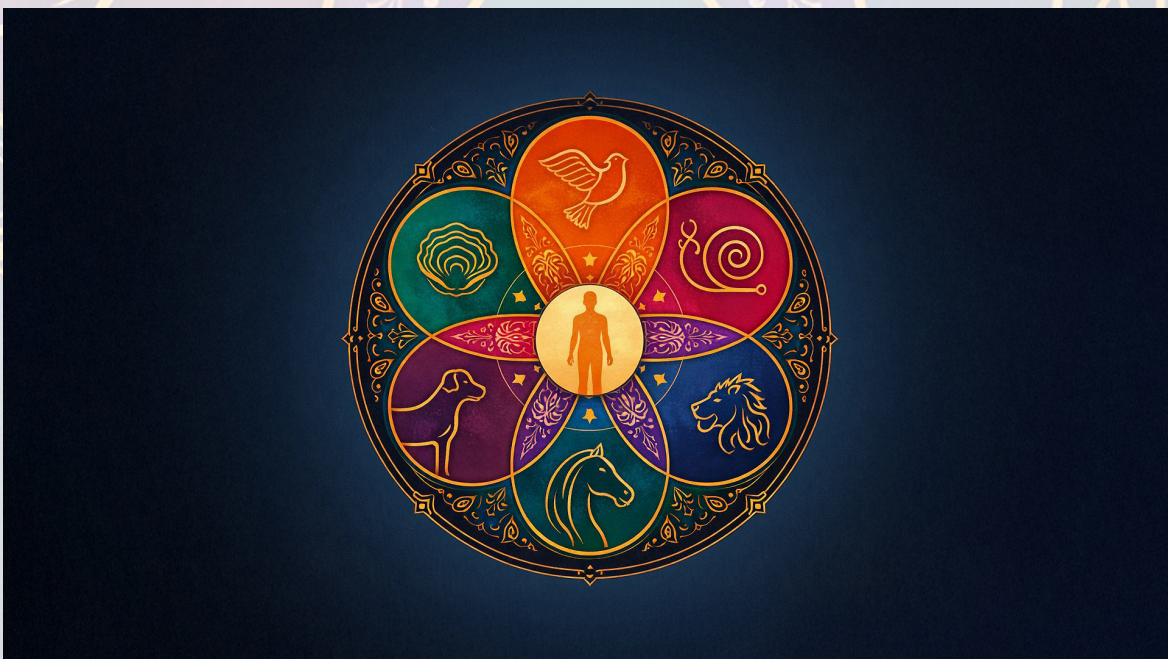


## The patient's "colored glasses" (The pattern)

What we commonly refer to as "stress" and see as a cause of illness rarely stems from external reality itself. It arises from the individual way in which a person perceives and reacts to reality.

**The analogy of yellow-tinted glasses:** Someone wearing yellow-tinted glasses sees everything as yellow. Changing external reality is pointless – as long as the glasses are on, perception (and therefore stress) remains the same. This deep-seated perceptual pattern determines the state of illness.

**The role of the homeopathic remedy** is to hold a mirror up to the system through the law of similarity ("like cures like"). This makes the patient aware that the threat or pain does not stem from reality, but from their own "lens." Only through this awareness is the stress in the central nervous system fundamentally reduced, and the body given the opportunity to heal itself profoundly.



## The 5-finger approach to finding the perfect middle ground

To determine a homeopathic remedy with absolute certainty, we must compare the patient's constitution with the remedy's constitution on five different levels. If all five aspects match, the healing success is highly effective and reproducible.

### 1. Superclasses

The fundamental nature, the archetype, and the survival strategy.

### 2. Kingdom

The inner core experience (plant, mineral, animal).

### 3. Miasma

The dynamics, the speed, and the extent of the despair.

### 4. Characteristics

The specific, characteristic symptoms of the case (repertory).

### 5. Keynotes / Essence

The absolute center and the key symptoms of the remedy (Materia Medica).



## **The Game Changer: The Superclass Method**

Previously, Dr. Sankaran primarily used the pure sensation method to directly access the experience of the Kingdom. However, this often required extremely deep, and for many patients difficult, probing into their inner experience ("How exactly does this humiliation feel in your body?").

The discovery of superclasses drastically simplifies and improves the reliability of case management. Superclasses can be discerned from everyday human nature and behavior. There are a total of six superclasses, which function as archetypes (named after symbolic representatives):

**Oyster type**

**Snail type**

**Bird type**

**Tog type**

**Horse type**

**Lion type**



Note: Each of these superclasses contains groups and remedies from all three kingdoms (plants, minerals, animals). Once you determine the superclass, you immediately narrow down the thousands of potential remedies to a tiny, manageable group.

## **Practical example: Differentiating between anger (Staphysagria vs. Nux vomica)**

The importance of the superclass context is demonstrated by comparing two well-known substances, both of which contain enormous inner anger and aggression:

**Staphysagria (Superclass 1 – The Oyster:** Because the archetypal oyster is extremely withdrawn and shy, Staphysagria's massive anger is completely suppressed and swallowed down. Only very rarely does it erupt explosively, followed by immediate, intense feelings of guilt.

**Nux vomica (Superclass 6 – The Lion:** Nux vomica expresses aggression directly outward. When this patient becomes angry, he literally grabs the other person by the collar and shouts or strikes, without regard for the consequences.

**The lesson:** Focusing solely on the symptom of "anger" can lead you astray. Only the broader context of the superclass will reliably guide you to the right remedy.

### **The art of unbiased case taking**

Sankaran emphasizes that excellent homeopathy is not merely a matter of informational knowledge, but a clinical skill. The greatest danger for any therapist is their own prejudice.

### **The trap of quick login**

As soon as a patient mentions a familiar keyword (e.g., "I was so disappointed in love"), our minds tend to immediately latch onto a remedy (e.g., Natrum muriaticum). From that moment on, we are blind to all other symptoms that don't fit our hypothesis.

### **The solution: The line-by-line approach**

To avoid this trap, the superclass method uses the "line-by-line" approach in its analysis:

Each individual line and statement of the anamnesis is read in isolation, understood, and assigned to one of the 5 levels (Superclass, Kingdom, Miasm, Characteristics, Keynote).

Only then do you move on to the next line.

If a new symptom contradicts the previous interpretation of the remedy, it must not be ignored; the case must be re-evaluated.

At the same time, a complete medical history systematically examines all areas of the patient's life: fears, dreams, childhood, hobbies, relationships and profession.

**Less is more – master what you know.**

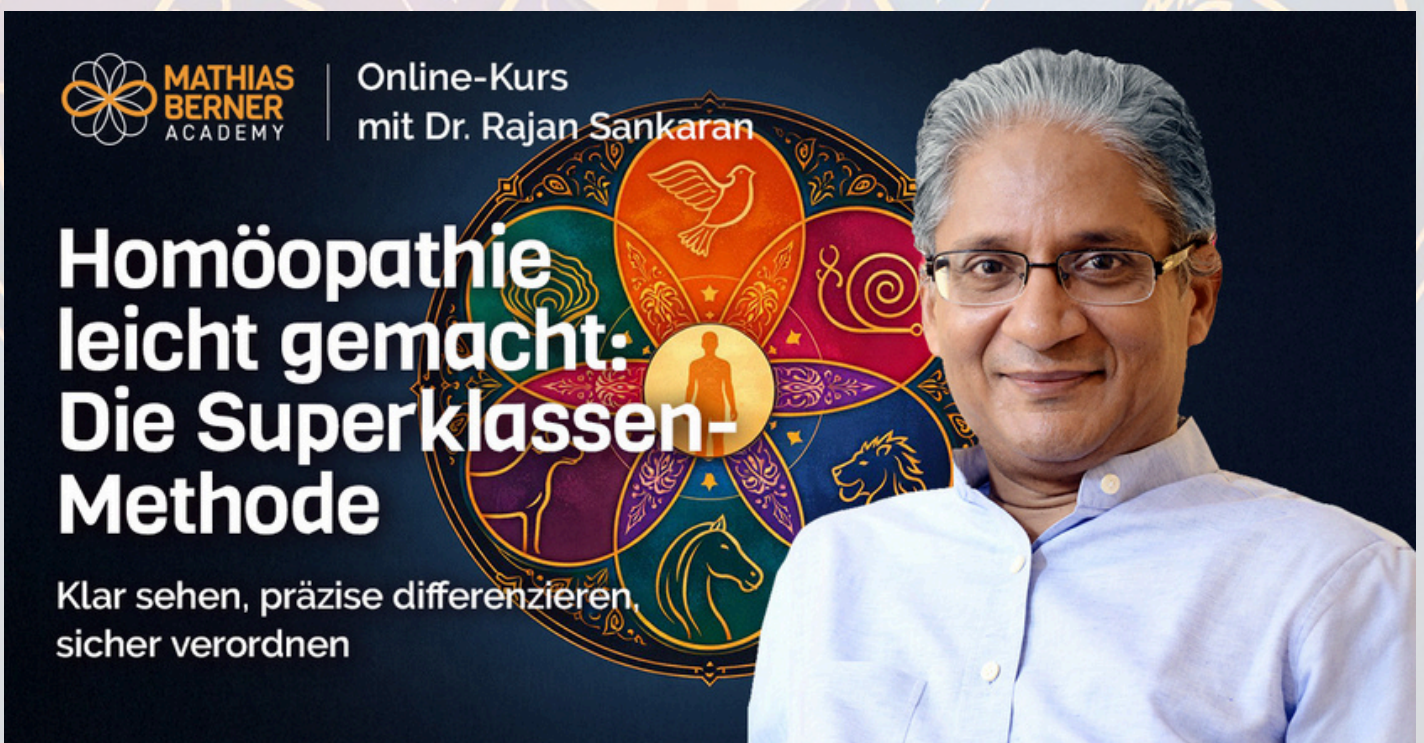
Many therapists fail to achieve healing success because they search for exotic remedies such as "the light of the moon" or "the milk of the polar bear," while the solution lies right before their eyes.


***"If you possess a solid, in-depth knowledge of 100 to 120 well-tested remedies and learn to flawlessly identify them in the patient using the 5 Aspects framework, you will achieve great success in 80% of your cases."***

***– Dr. Raja Sankaran***

Practicing homeopathy at the level of Beethoven or Bach requires training and the right compass.

**The superclass method is this compass.**



 **MATHIAS  
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mit Dr. Rajan Sankaran

**Homöopathie  
leicht gemacht:  
Die Superklassen-  
Methode**

Klar sehen, präzise differenzieren,  
sicher verordnen

## Become the healer of your world

Knowing the theory is the first step – applying it to patients is the true art. In our course with Dr. Rajan Sankaran, we go far beyond theoretical knowledge.

**Allow yourself to end the guesswork and bring reproducible healing successes into your practice.**

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